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NEWS RELEASE

Volcanoes Dancers become Blazers, Sea Gals and Rosebuds

November 26, 2013 – Vancouver, WA – Tryouts for the 2014 season's team of Volcanoes Dancers are coming up, but it won't be hard for seasoned dancer and Coach Desiree Goode to put together a show stopping squad for her seventh season with the team.

Goode, a former five year dancer with the Portland Trail Blazer, Blazer Dancers and current choreographer for the team, has been coaching and choreographing the Vancouver Volcanoes Dancers since 2007. The team has not only proven to be a great place for the girls to show their talent, but also develop. Coach Des as they refer to her, has not only lead and choreographed the Volcanoes Dancers with some help from Coach Armani Novakovv, but ensured they keep dancing. Volcanoes dancers have moved into the NBA, NFL, AFL, WHL and more. From the Seahawks Sea Gals who look for their team to be Superbowl bound, to the Blazer Dancers and Winterhawks Rosebuds, this dance team has helped over 30 talented dancers showcase their talent on more than one team.

Amanda Gregor, currently a Winterhawks Rosebud dancer in the WHL, and personal trainer, was a part of the Volcanoes Dancers for four years. Gregor also spent three seasons with the Blazer Dancers and even was a part of the former NLL teams dancers, the Lumberjax. With all that experience on her profile now, Amanda says it all started with the Volcanoes.

"Being a Volcano Dancer really helped me develop as a professional dancer," the talented Rosebud shared. "It was the start to my dance career and I am so thankful for that. All of the different teams I have been on have similarities but yet every year is exciting because no matter what team I am on it's a different group of women. The style of dance before I danced for any sports team was completely different. Right now dancing on ice versus the basketball court is a change but we don't let a little frozen water keep us from dancing full out or hold us back from any technique. I really enjoy both sports and may audition again with the Volcanoes Dancers for the 2014 season," Amanda shared about her plans for a return to the court. "My advice for other dancer hopefuls is to have fun and go full out!"

Ashley Azadeh is a current Blazer Dancer, with the Volcanoes Dancers for the championship season in 2011 and then 2012, moving to the Portland Trail Blazers team in the summer, sharing that just like the athletes who compete, the passion for what you do and practice doesn't stop.

"I did get a break for a few weeks before Blazer Dancer tryouts and after I made the team in July, until practice started in Mid August, but I hate dance breaks, give me a week off and I'll be doing turns down the aisles of grocery stores. The dance experience itself with the Volcanoes helped me the most. We had multiple different choreographers on the Volcanoes come and teach our routines, and let me tell you they don't teach very slow. The dance experience made me a well rounded dancer that could pick up material quick, just what you need to be a Blazer Dancer," the professional dancer boasted about the training and experience with Coach Des and the Volcanoes.

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“My experience on the Volcanoes and Blazers are similar in many ways, but Blazer Dancers is like Volcanoes on steroids! Like the Blazer Dancers, on Volcanoes we had to remember lots of dances, do promotional events, and interact with fans. The Blazers is different in its intensity, so tons more dances to remember with the longer NBA season, a lot more promotional events, and a crazy amount of die hard fans to meet. The best part by far is the adrenaline rush you get in the tunnels just as the Blazer team is being announced. The lights are down, the music is loud, and the fans go nuts! You'd be surprised how fast we can get 'Game Night' ready, the girls always help each other on touching up hair and make up, and making sure our costumes are all on right. We usually have three or four outfit changes for the Blazers, Volcanoes had two. The major difference is the amount of costumes we have on Blazers. I've never counted but I'm sure its over 50!

As Ashley cheers on the first place team in the Northwest December 7th as they take on the Dallas Mavericks, the former Volcanoes dancer has some advice for those attending the tryouts, *“The best advice I could ever give is to only worry about yourself. Don't size up the other girls, don't compare them to yourself, that's the judges job. Also, don't worry if you mess up, or psych yourself out about remembering the dance. The judges know you just learned the routine so if you mess up, just smile and try to recover. The best dancer is one who can make a mistake and move on. And always be sure to have fun and show it!”*

The talent doesn't stop at dancing either, [Natasha Neuschwander](#), a part of the Volcanoes Dancers in 2009 and 2010 went on to compete on X Factor and the Voice. Look for more development from this team on and off the court as tryouts for Volcano Dancer hopefuls are December 7 and 8th at 24 Hour Fitness in Vancouver.

For additional information, contact: Ronald Carr at [360-909-7680](tel:360-909-7680) cell

About Vancouver Volcanoes (2011 IBL Champions)

The Vancouver Volcanoes bring professional sports and entertainment to Clark County residents in a family friendly environment, with activities for kids, contests for fans, exciting high scoring action and fun for everyone, starting a new cherished family tradition. *We put the dream into the team* as a vehicle to help the young players, dancers and interns work toward and achieve their dreams, while giving back to the community by providing a venue to help showcase local organizations and talent in our upcoming tenth season in 2014.

About International Basketball League (IBL)

The International Basketball League (IBL) is an efficient men's professional basketball league heading into our tenth season based in Vancouver, Washington, USA engaging high level athletes, coaches and business professionals, dedicated to fostering international basketball talent focused on providing family friendly events for fans in great communities. Our full season and branding teams have spanned North America with International Tour Teams who participate in our high level competition from late April until early July just as the NBA Development League and many overseas leagues are winding down attracting first-class athletes. IBL teams play in quality venues with unique on-court rules which create a fast-paced, high scoring, exciting game. Players move into positions with the NBA Development League (D-League) as well as international leagues overseas such as our partner the Basketball Japan League (BJL), Chinese Basketball Association (CBA), Germany Pro-A, South East Australian Basketball League (SEABL), Basketball Bundesliga (BBL), Portuguese Basketball League (LCB) and many more.

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